

Your guide to
BREAST
Augmentation



FAQ FAQ

CAN YOU DO BREAST AUGMENTATION WITH LIFT?

You might be wondering if you should combine your breast augmentation with a breast lift (or vice versa) if you're planning to have either of these procedures. Let's explore some of the main benefits of combining these two forms of breast surgery:

➤ IMPROVED BREAST VOLUME

One of the most significant benefits of combining augmentation with a lift is improved breast volume. As women age, their breasts can lose volume and shape due to factors such as pregnancy, breastfeeding, weight loss and aging. Breast augmentation can restore breast volume via the insertion of breast implants, while a breast lift can reshape and reposition the existing breast tissue. The combination of both procedures can result in fuller, more youthful-looking breasts that have a more natural appearance.

➤ ENHANCED BREAST SHAPE

Breast augmentation alone can enhance breast size, but it does not address issues such as sagging, uneven breast position or stretched-out nipples. A breast lift, on the other hand, can address these issues by removing excess skin and tightening the breast tissue while also repositioning the nipple and areola.

A lift done on its own won't significantly alter the size of the breasts, but augmentation on its own isn't enough to address sagging breasts. By combining breast augmentation with a breast lift, patients can achieve the best of both worlds – an improved breast shape with increased fullness and perkiness.

➤ INCREASED CONFIDENCE

Breast augmentation with a breast lift can also boost patients' confidence in their appearance. Women who feel self-conscious about sagging, asymmetrical or small breasts can benefit from the combination of both procedures. The improved breast size and shape can give patients a more proportionate and attractive figure, which can boost their self-esteem and improve their quality of life.

➤ LESS TIME SPENT ON PLANNING AND RECOVERY

Another advantage of combining breast augmentation with a breast lift is that patients can enjoy a shorter recovery time compared to having each procedure performed separately. Combining both procedures means that patients only have to undergo one surgery and one recovery period, reducing the time and expense associated with multiple surgeries.

➤ THE BENEFITS

Combining breast augmentation with a breast lift offers numerous benefits to patients. The procedure can improve breast volume, enhance breast shape, increase confidence and reduce downtime.

FAQ

PREPARING FOR SURGERY

Our staff will give you a specific list of pre-operative instructions, but in general:

- No smoking for a prescribed amount of time before the surgery
- Limit food and alcohol intake the night before
- Follow any medication guidelines
- Dress comfortably and warmly
- Ask someone to accompany you and drive you home post-surgery

HOW TO CHOOSE A PLASTIC SURGEON

When choosing a plastic surgeon, patients should consider the following questions:

- Is this person board certified by the American Board of Plastic Surgery?
- How much experience does this person have with this procedure?
- Does the staff make me feel comfortable?
- Is the surgeon up-front about risks and expectations?
- Does the staff promptly and professionally respond to my questions?
- Does the surgeon have hospital privileges?
- Is the practice transparent about cost and fees?
- Who will assist during the procedure?
- Will the surgeon use sedation?
- What measures are taken to ensure a safe surgery?
- Is the facility certified?

PLASTIC SURGEON OR COSMETIC SURGEON?

Any type of doctor, even an ER doctor, OB-GYN, Dentist, or Pediatrician, can hold a medical degree and may be board certified to practice a specific type of medicine, but NOT plastic surgery. Cosmetic Surgeons are often self taught in aesthetic procedures.

PLASTIC SURGEON

VS

COSMETIC SURGEON

Board-certified means properly certified by the **American Board of Plastic Surgery (ABPS)**; additionally having undergone the necessary surgical training in a supervised setting and demonstrated best practices for patient safety.

- ✓ Properly board-certified
- ✓ Education and training extends beyond general medicine and surgery.
- ✓ Operate in safe, accredited facilities
- ✓ Have hospital privileges for the procedures performed
- ✓ Hold memberships with elite medical societies

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- ✗ Not a real board-certified plastic surgeon by definition
- ✗ Limited or no plastic surgery training, often with weekend crash courses
- ✗ Frequently offer lower prices and often operate in unaccredited facilities that have no oversight or inspections

LINGO TO WATCH OUT FOR

"COSMETIC SURGEON" RATHER THAN PLASTIC SURGEON
"AMERICAN BOARD OF COSMETIC SURGERY"
ANY BOARD WITH THE WORD "COSMETIC" IN IT

FAQ

HOW MUCH DOES THIS SURGERY TYPICALLY COST?







Exact cost should always be discussed in detail with your doctor because it can differ greatly depending on your specific needs.

CAN I USE INSURANCE TO PAY FOR PLASTIC SURGERY?

Unfortunately, most insurance companies in the United States do not cover cosmetic surgery unless deemed to be a medical necessity. We extend our care to our patients by offering a number of plastic surgery financing and payment options to meet all their needs.

CAN YOU FINANCE PLASTIC SURGERY?

Yes! Financing your plastic surgery has never been easier than it is now. At SunCoast Plastic Surgery we offer multiple options for third-party financing. Let's explore the options:

 <ul style="list-style-type: none">• Higher approval rates• 0% APR if paid in full within 6, 12 or 18 months• Soft credit check process, meaning no impact to credit score	CREDIT SCORE 580+	
 <ul style="list-style-type: none">• 0% APR if paid in full within 6, 12 or 18 months• Apply in minutes• Flexible payment options	CREDIT SCORE 620+	
 <ul style="list-style-type: none">• Approval for lower credit scores• Apply online• Flexible payment options	CREDIT SCORE 480+	

LIFE AFTER BREAST AUGMENTATION

The results of a breast implant procedure are typically long-lasting. Breast implants often "last" as long as 10 years (this number is variable and can be larger or smaller) but can vary depending on the patient, type, size and shape, among other factors.

Patients cite this procedure as a great confidence booster, especially when patients are good candidates and maintain reasonable expectations for what breast augmentations can achieve. Asking the right questions and performing your due diligence before your procedure can go a long way to help provide a wonderful experience and ultimately reach your aesthetic goals.



33 years
5'6"
140 lbs.

Breast Lift + Implants

BILATERAL MASTOPEXY WITH
SILICONE IMPLANTS



3.0 Hours



31 years
5'3"
97 lbs.

Breast Implants

BILATERAL BREAST AUGMENTATION
WITH SILICONE IMPLANTS.



1.0 Hours

SunCoast Plastic Surgery

Contact Us

*Reach out to our dedicated team for any inquiries,
assistance, or information you need.*

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